PUMP N' RUN Sawyer Point Map, Sat. May 2nd

Pre-Race Weight Lifting.... PNC/PNR5K 7:30AM to 9:30AM
Running Races..... PNR10K Run at 8:00AM; PNR5K Run at 10:15AM
Post Race Pump-Off's..... PNR10K at 10AM; PNC/PCNR/G at 10:45AM; PNR5K at 11:30AM

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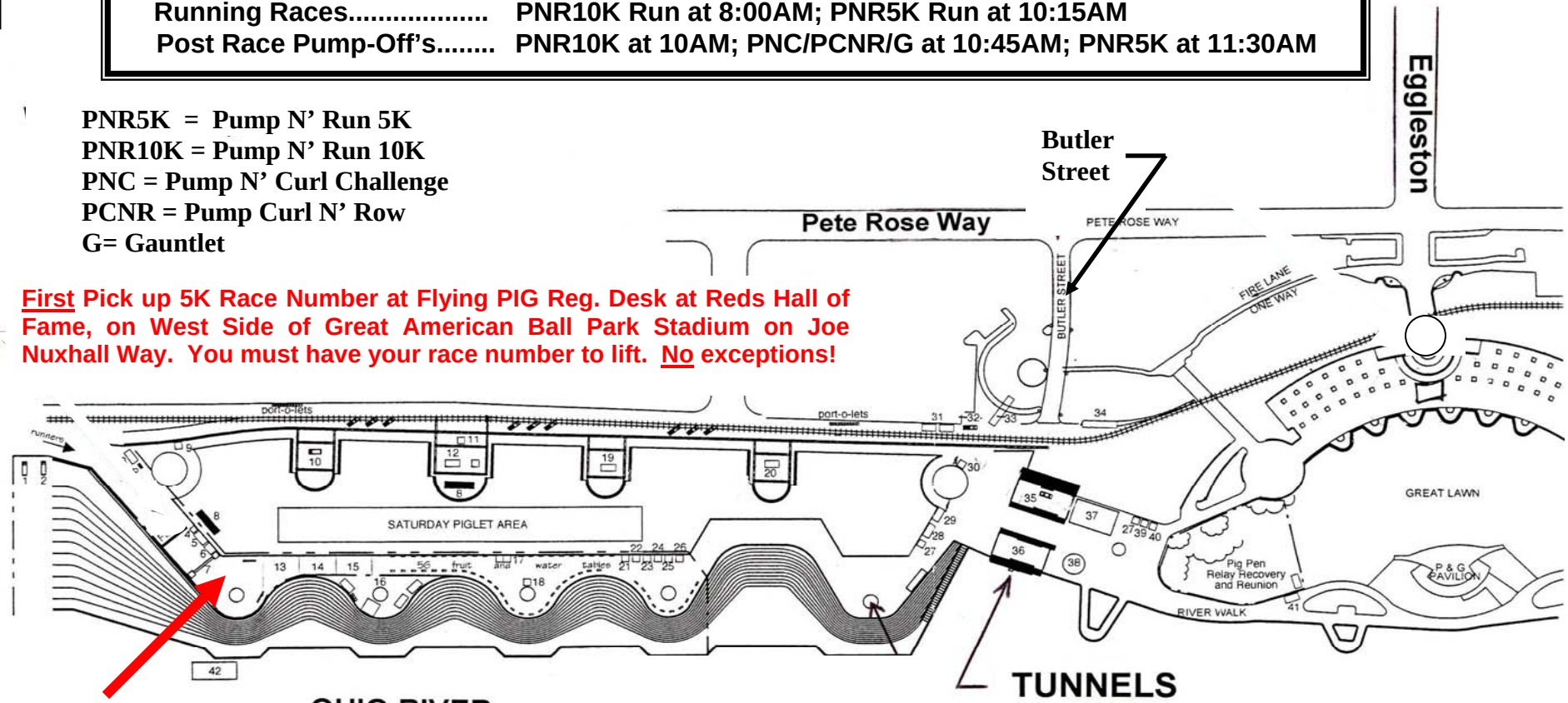
PNR5K = Pump N' Run 5K
PNR10K = Pump N' Run 10K
PNC = Pump N' Curl Challenge
PCNR = Pump Curl N' Row
G= Gauntlet

First Pick up 5K Race Number at Flying PIG Reg. Desk at Reds Hall of Fame, on West Side of Great American Ball Park Stadium on Joe Nuxhall Way. You must have your race number to lift. No exceptions!



Driving South from Dayton, Ohio…

- I-75 South to 2nd Street Exit (stay left)
- Go East on 2nd Street and turn left on Main... cross over 3rd St. and look for Parking garages up in downtown area
- After Parking... walk East on 3rd Street to Broadway, turn right to Pete Rose Way, turn left to Eggleston, then right into main entrance of Sawyer Point.

Driving South from Columbus, OH...

- I-71 South to Gilbert Ave Exit #2
- Turn right onto E. Court Street
- Turn at first left onto Reedy
- Turn at first left onto Eggleston

NOTE: After turning onto Court St park anywhere available along driving path to Sawyer Point. Eggleston dead ends into Pete Rose Way at entrance of Sawyer Point Park.

Driving North from Lexington/Louisville....

- Take I-75 North over Ohio River Bridge
- Take 2nd Street Exit to Right
- Go East on 2nd Street and turn left on Main... cross over 3rd Street and look for Parking garages up in downtown area
- After Parking... walk East on 3rd Street to Broadway, turn right to Pete Rose Way, turn left to Eggleston, then right into main entrance of Sawyer Point